

## **Nest Workshop**

\$1200  
up to 6 people  
4 hours

includes:

This 4 hour workshop includes an inside look into the process behind the art of The Nest Project. Participants will be led through their own Nest Experience with the use of the “NEST” journal and writing prompts. This is an opportunity and a safe space to express and embrace our vulnerabilities and heartbreaks of life. Participants will leave with a crafted narrative and a signed copy of the “NEST” journal. Photos are not included in this workshop however, participants will be gifted with a deeper self reflection and a chance to cradle a piece of themselves that could use some more Love.

## **Private Exhibition Screening**

\$500  
up to 6 people  
2 hours

Meet Debbie Baxter, creator of The Nest Project, and author of “NEST” for a private screening of the Survivor Nest Exhibition at Old Town Hall in Salem, MA. Debbie will guide you through her artistic process as a Nest artist, photographer, and author. You will get a behind the scenes look at what it takes to be a traveling artist, build human sized nest in cities worldwide, and hold space for people at their most vulnerable and powerful.

## **Artist Talk/Book Reading**

\$250  
1 hour

Meet Debbie Baxter, creator of The Nest Project, and author of “NEST” for a talk and presentation about her latest body of work. The evening will include a slide show, readings from the book “NEST”, and behind the scene stories from her travels. Books will be available for purchase and signing.

## **About the Nest Project**

The NEST Project is an interactive healing art modality that invites people to be witnessed as their truest selves and get into human-sized nests to be photographed at their most vulnerable and powerful. The womb-like nests are built by artist Debbie Baxter out of natural found materials. Each nest is built with the intention of providing a safe space for the participants to return to a state of innocence and peace as a way to transform their trauma and find acceptance.

The artist acts as a guide and witness for each subject, holding a safe space to allow people to tell their story free of judgment and expectation. The NEST experience allows each participant a chance to embrace themselves in their most natural human state and reconnect with a way of being that is often forgotten as we grow and age and as the complications of adulthood and society change us along the way.

Each participant is invited to shed not only their clothes but their emotional burdens through deep self-reflection and honesty. With her lens, the artist captures the complex nature of the human experience while simultaneously exposing them to their truest selves.

#### About the Artist

Debbie Baxter (she/her) is an artist, fine art photographer, creator of The Nest Project, and author of "NEST." As a photographer she has spent her career capturing the essence of the human experience in all of its varied forms. Her most recent work, The Nest Project, was inspired by a personal quest to heal from a challenging childhood. This body of work focuses on the joy, triumph, pain and sadness of real people from all walks of life in their most **vulnerable state**. **Through the use of her lens Debbie channels her own life experiences and understanding to create delicate photos and narratives that allows the subjects to reconnect to their innocence.**

Since starting The Nest Project in 2016, Debbie has traveled to multiple cities worldwide building handmade nests and offering nest experiences in galleries and events. Each time she invites people to shed their emotional weight and become their truest selves creating transformational nest portraits. To date, about 400 people have gotten into The Nest. She has also led thousands of others through talks and workshops.

"NEST", her first book, is a culmination of four years of holding space with strangers and helping them to face their trauma and be witnessed in humanity's purest form. It is a photography book and journal of human experiences investigating the darkness and light of our society without judgment. It is a collection of real people as they truly are. Her continued mission is to create art that inspires and reminds others to slow down, tend to our wounds, create safe spaces, and reflect on how we treat the vulnerable parts of ourselves and the vulnerable members of our society.